

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanderhulst Kasper

Coaches: Ciommo Fabio HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN Heat:4, starttime: 09:35

Heat: 4/9 Lane : 8 Athlete: DE SWERDT MATHIAS Q-time: 01:01:40

PB (50m pool): 01:01.40 Luxembourg 01/02/2026 PB (25m pool): 00:57.68 SB: 01:01.40 Luxembourg 01/02/2026

	50 M	100 M	
PB	00:27.24	01:01.40	
	00:27.24	00:34.16	
	

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN Heat:5, starttime: 09:36

Heat: 5/9 Lane : 6 Athlete: CIOMMO ALESSANDER Q-time: 00:59:74

PB (50m pool): 00:59.74 Antwerpen 27/07/2025 PB (25m pool): 00:59.10 SB: 01:00.18 Luxembourg 01/02/2026

	50 M	100 M	
PB	00:27.01	00:59.74	
	00:27.01	00:32.73	
	

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN Heat:9, starttime: 09:42

Heat: 9/9 Lane : 2 Athlete: DE SWERDT NIELS Q-time: 00:56:90

PB (50m pool): 00:56.90 Antwerpen 27/04/2025 PB (25m pool): 00:54.79 SB: 00:57.26 Luxembourg 01/02/2026

	50 M	100 M	
PB	00:26.31	00:56.90	
	00:26.31	00:30.59	
	

Coach feedback:

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 5: 100M BREASTSTROKE MEN		Heat:8, starttime: 10:34	
Heat: 8/9 Lane : 6 Athlete: DEPREZ LUKAS		Q-time: 01:04:88	
PB (50m pool): 01:04.61 Antwerpen 28/07/2024		PB (25m pool): 01:02.33 SB: 01:06.26 Luxembourg 01/02/2026	
	5 0 M	1 0 0 M	
PB	no time	01:04.61	
	<i>no time</i>		
	

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN		Heat:5, starttime: 10:42	
Heat: 5/6 Lane : 8 Athlete: LENAERTS HAILEY		Q-time: 00:35:39	
PB (50m pool): 00:35.39 Antwerpen 27/07/2025		PB (25m pool): 00:34.67 SB: 00:35.65 Molenbeek 01/02/2026	
	5 0 M		
PB	00:35.39		
	<i>00:35.39</i>		
		

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:5, starttime: 11:17	
Heat: 5/12 Lane : 3 Athlete: VANDERHULST MIDAS		Q-time: 00:25:21	
PB (50m pool): 00:25.99 Antwerpen 12/02/2023		PB (25m pool): 00:24.54 SB: no time	
	5 0 M		
PB	00:25.99		
	<i>00:25.99</i>		
		

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:5, starttime: 11:17	
Heat: 5/12 Lane : 5 Athlete: DE SWERDT MATHIAS		Q-time: 00:25:14	
PB (50m pool): 00:25.14 Antwerpen 27/07/2025		PB (25m pool): 00:24.04 SB: 00:25.15 Luxembourg 01/02/2026	
	5 0 M		
PB	00:25.14		
	<i>00:25.14</i>		
		

Coach feedback:

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 9: 50M FREESTYLE MEN		Heat:7, starttime: 11:19
Heat: 7/12 Lane : 4 Athlete: MATTHEUS IBE		Q-time: 00:24:71
PB (50m pool): 00:24.71 Antwerpen 27/07/2025		PB (25m pool): 00:23.54 SB: 00:24.86 Luxembourg 01/02/2026
	5 0 M	
PB	00:24.71	
	<i>00:24.71</i>	
	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:8, starttime: 11:20
Heat: 8/12 Lane : 5 Athlete: CIOMMO ALESSANDER		Q-time: 00:24:32
PB (50m pool): 00:24.32 Luxembourg 01/02/2026		PB (25m pool): 00:23.46 SB: 00:24.32 Luxembourg 01/02/2026
	5 0 M	
PB	00:24.32	
	<i>00:24.32</i>	
	

Coach feedback: